

AMIS BK

# NEWSLETTER



## MARCH 08, WOMEN DAY: LADIES OUT

The Amis BK mothers, led by the women's commission president Esther Nino, met in the Company's Garden on March 8 on International Women's Day. In a warm and friendly atmosphere, and with excitement, they unveiled their 2025 activity plan, a plan designed to empower women and foster community engagement through a series of impactful initiatives divided into three key phases.

*"Today, we come together to celebrate International Women's Day, a day that honors the strength, resilience, and achievements of women across the world. It is a moment to reflect on the progress we have made, acknowledge the challenges that remain, and reaffirm our commitment to gender equality and empowerment"*

### Unveiling Our 2025 Activity Plan: Empowering Women Together

#### Outing on March 8th: Bring and Share:

This event was a meaningful discussion on women's rights, awareness raising, and community empowerment. Our mothers were encouraged to participate in this critical conversation and the upcoming events.

#### Mentoring Program:

We are launching a Mentoring Program that pairs Amis BK mothers with youths during the winter holidays (between April and September). This initiative will provide a platform for young people and women to share practical advice and access necessary resources, fostering growth and collaboration.

#### Entrepreneur Fair:

We are thrilled to announce an Entrepreneur Fair that will bring together members of the Amis BK community based on their professions. This event will feature hairdressers, artists, seamstresses, carpenters, teachers, makeup artists, salespeople, private drivers, and more. Participants will have the opportunity to showcase their work in designated booths, which will be allocated based on reservations.



## Exchanges and Reflections

- During our discussions, we explored the history of March 8 and clarified the distinction between International Women's Day and Mother's Day. It is essential to recognize that March 8 is a day of reflection on the evolution of women's rights, rather than a celebration of motherhood or a day for superficial displays.
- We encourage all women to embrace their roles in upholding their rights and to support one another in this journey. Let us foster connections, share experiences, and cultivate understanding within our community. We discourage competition, jealousy, and negativity, as our strength lies in unity.
- To the mothers who came to our event, we say thank you for being a part of the Amis BK community. Together, we can make a difference!



**Sharing is caring**



### Program

Date: March 8, 2025  
Time: 12:30 p.m. to 4:30 p.m.  
Location: Capetown Park,  
Company's Gardens.  
Attendance: 28

*Written By: Esther Nino*



**Les Amis ne se separent pas même pendant le temps difficile.**



**Friends don't part even in trouble times**

Reg. No: 085-501-NPO

www.amisbk.org